

# Conners-Wells' Self-Report Scale (S)

by C. Keith Conners, Ph.D. and Karen Wells, Ph.D.

Client ID: \_\_\_\_\_ Gender: **M** **F**  
 (Circle One)

Birthdate: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_ School Grade: \_\_\_\_  
 Month Day Year

Today's Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Name: \_\_\_\_\_  
 Month Day Year

**Instructions:** For the items below, circle the number that indicates whether the item is Not At All, Just a Little, Pretty Much, or Very True for you. "Not at all" means that the item is *seldom or never* a problem. "Very Much" means that the item is *very often a problem* or occurs *very frequently*. "Just a Little" and "Pretty Much" are in between. Please respond to all the items.

NOT TRUE AT ALL (Never, Seldom)	JUST A LITTLE TRUE (Occasionally)	PRETTY MUCH TRUE (Often, Quite a Bit)	VERY MUCH TRUE (Very Often, Very Frequent)
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|---|---|---|---|---|
| 1. My parents only notice my bad behavior .....                         | 0 | 1 | 2 | 3 |
| 2. I bend the rules whenever I can .....                                | 0 | 1 | 2 | 3 |
| 3. I tend to learn more slowly than I would like to .....               | 0 | 1 | 2 | 3 |
| 4. I am touchy or easily annoyed .....                                  | 0 | 1 | 2 | 3 |
| 5. I cannot sit still for very long .....                               | 0 | 1 | 2 | 3 |
| 6. I feel like crying .....   | 0 | 1 | 2 | 3 |
| 7. I get into trouble with the police .....                             | 0 | 1 | 2 | 3 |
| 8. I have trouble organizing my schoolwork .....                        | 0 | 1 | 2 | 3 |
| 9. My parents expect too much from me .....                             | 0 | 1 | 2 | 3 |
| 10. I have too much energy to sit still for long .....                  | 0 | 1 | 2 | 3 |
| 11. Noises tend to put me off track when I am studying .....            | 0 | 1 | 2 | 3 |
| 12. I break rules .....   | 0 | 1 | 2 | 3 |
| 13. I forget things that I have learned .....                           | 0 | 1 | 2 | 3 |
| 14. I tend to squirm and fidget .....                                   | 0 | 1 | 2 | 3 |
| 15. I do not have good judgment about a lot of things .....             | 0 | 1 | 2 | 3 |
| 16. I like to hurt some people .....                                    | 0 | 1 | 2 | 3 |
| 17. Sticking with things for more than a few minutes is difficult ..... | 0 | 1 | 2 | 3 |
| 18. I feel restless inside even if I am sitting still .....             | 0 | 1 | 2 | 3 |
| 19. My handwriting is poor .....  | 0 | 1 | 2 | 3 |
| 20. I have urges to do really bad things .....                          | 0 | 1 | 2 | 3 |
| 21. I have trouble concentrating on one thing at a time .....           | 0 | 1 | 2 | 3 |
| 22. I have to get up and move around during homework .....              | 0 | 1 | 2 | 3 |
| 23. I am behind in my studies .....                                     | 0 | 1 | 2 | 3 |
| 24. I destroy property that belongs to others .....                     | 0 | 1 | 2 | 3 |
| 25. I lose my place when I am reading .....                             | 0 | 1 | 2 | 3 |
| 26. I have trouble sitting still through a meal .....                   | 0 | 1 | 2 | 3 |
| 27. My parents do not reward or notice my good behavior .....           | 0 | 1 | 2 | 3 |